NOVEL CORONAVIRUS (COVID-19)
UCSF CONTINUE TO WORK - RETURN TO WORK GUIDELINES FOR STAFF (1)
Effective March 21, 2022

03/21/2022– Changes made

- Up-to date Vaccinated person with:
  - High Risk Exposure with “Single” exposure can return to work immediately if asymptomatic with a negative test result (pg. 6-7)
  - High Risk exposure with “Ongoing” exposure can return to work immediately if asymptomatic with a negative test result (pg. 6-7)
- NOT Up-to date Vaccinated person requires clearance from the Covid Response Team (pg. 6-7)
- COVID-19 Positive can return to work after 7 days with a negative Rapid Antigen Test (pg. 9)
<table>
<thead>
<tr>
<th>Symptom/Exposure Review</th>
<th>Can I Work Today?</th>
<th>Do I Need to Stay at Home?</th>
<th>When Can I Return to Work?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. In the past 10 days, have you had one or more of these symptoms, which is new or not explained by a pre-existing condition?</td>
<td>Yes, stay at home</td>
<td>Consult with your medical provider as needed or if symptom worsens</td>
<td>Return to Work Clearance after receiving a negative COVID-19 test can be done by Retaking the Daily Health Screener and attesting to the specific conditions (see below)</td>
</tr>
<tr>
<td>• Fever, chills, or shivering/shakes (≥ 37.8°C / 100°F)</td>
<td>Yes, stay at home</td>
<td>Consult with your medical provider as needed or if symptom worsens</td>
<td>If COVID-negative AND symptom-free &gt;24 hours: You are cleared to work onsite if you meet ALL the following criteria:</td>
</tr>
<tr>
<td>• Cough</td>
<td>Yes, stay at home</td>
<td>Consult with your medical provider as needed or if symptom worsens</td>
<td>• Fever-free for 24 hours without use of a fever-reducing medication</td>
</tr>
<tr>
<td>• Sore throat</td>
<td>Yes, stay at home</td>
<td>Please use Daily Screener for guidance</td>
<td>• Diarrhea-free for 48 hrs. (when not part of a pre-existing condition)</td>
</tr>
<tr>
<td>• Runny or congested nose (not related to allergies)</td>
<td>Yes, stay at home</td>
<td>• To be cleared by the Daily Health Screener, see far right column.</td>
<td>• Symptoms have greatly improved, OR I work in a high-risk unit (Mission Bay: C3 ICN, C6BMT, C6 Heme/Onc, Birth Center and Parnassus 11 and 12 Long) and my symptoms ARE GONE.</td>
</tr>
<tr>
<td>• Difficulty breathing or shortness of breath</td>
<td>Yes, stay at home</td>
<td>• You have communicated with your supervisor about your negative result and meeting criteria above</td>
<td>• You have communicated with your supervisor about your negative result and meeting criteria above</td>
</tr>
<tr>
<td>• Unexplained muscle aches</td>
<td>Yes, stay at home</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Feeling unusually weak or fatigued</td>
<td>Yes, stay at home</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Loss of sense of smell or taste</td>
<td>Yes, stay at home</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Diarrhea (defined as ≥ 3 stools in 24 hrs.)</td>
<td>Yes, stay at home</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Eye redness +/- discharge (“pink eye,” not related to allergies)</td>
<td>Yes, stay at home</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Direct questions about the process to the COVID-19 Hotline at 415-514-7328 or COVID Response Team at 415-476-8000**

*For Isolated Runny Nose, if you work on a High Risk Unit², a respiratory virus panel will be performed.*

*If COVID-negative but positive for any other respiratory viruses: Do not return to High-Risk Unit for work until symptoms are resolved at > 3 days since Runny Nose onset*

*If COVID-negative and negative for all other respiratory viruses: Return to work after ≥3 days since Runny Nose onset with symptom monitoring; if ANY symptoms arise, notify manager, go/stay home, and call the Hotline (415.514.7328) for further review.*
### Symptom/Exposure Review

2. In the past 10 days, have you returned from travel outside the U.S.?

* SFDPH, CDPH and UCSF will follow COVID-related travel guidance from CDC
* International Travel During COVID

**All New Hires** to UCSF, please refer to additional UCSF travel guidance found here: [UCSF Travel Guidance](#)

More information about COVID-19 risk in different countries can be found at CDC and WHO websites. ³

### Can I Work Today?

Possibly, see below for details.

**Before Returning to the U.S.**

Before Returning to the U.S.
The Centers for Disease Control and Prevention (CDC) requires all air passengers entering the United States (including U.S. citizens and legal permanent residents) to present one of the following:

- A negative COVID-19 test taken no more than 1 day before departure flight to the U.S.; or
- Proof of COVID-19 infection within the last 90 days.

**Up-to-date³ vaccination status:**

- You can return to work after following the criteria below:
  - Pre travel test: No more than 1 day before departure flight to the US to comply with CDC/US government policy – Send COVID results to covidohsmz@ucsf.edu
  - 1ˢᵗ Post travel Test: within 24 hours of entering a UCSF facility; UCSF approved tests only – Send COVID results to covidohsmz@ucsf.edu
  - 2ⁿᵈ post travel Test: 3-5 days after 1ˢᵗ post travel test. UCSF approved tests only – Send COVID results to covidohsmz@ucsf.edu
  - Monitor symptoms for 14 days after return.

### Do I Need to Stay at Home?

- **NO**, if you are up-to-date³ with your vaccination you can work but must test for COVID-19 within 24 hours of entering UCSF Facility.

### When Can I Return to Work?

- **YES**, if you are NOT up-to-date³ with your vaccination, stay at home until you have obtained COVID Response Team clearance to return to work.
  - Outside of work, follow post-travel (home) quarantine guidance.
  - Call the COVID Hotline (415.514.7328) for return-to-work clearance.
  - Self-monitor³ for 14 days, beginning on the first day back in the US.
  - Home Isolation instructions⁶

The UCSF Daily Health Screener will provide instructions and testing options, including self-scheduling option.

- If you are up-to-date³ with your vaccination, you do not need to quarantine, but you should monitor symptoms for 14 days after return, and you should obtain a COVID-19 test through Color, within 24 hours of entering UCSF facility, and test again 3-5 days later. If you have immunocompromised medical conditions, consult with your doctor about the timing for return to work.

- If Asymptomatic and within 90 days of recent COVID infection, you do not need to retest to return to work.

- If you are NOT up-to-date³ with your vaccination: COVID Response Team Interview and CLEARANCE EMAIL IS REQUIRED BEFORE RETURNING TO WORK. General principles listed below.

- If you returned from travel and develop COVID 19 Symptoms (listed in #1 above), complete the Daily Health Screener for testing instructions or call the COVID Hotline (415.514.7328) for testing and further evaluation

### Can I Work Today?

- Self-monitor³ for symptoms for total of 14 days
- Home Isolation instructions⁶
- Consult with your medical provider as needed or if symptom worsens
- Call the COVID Hotline (415.514.7328) for return-to-work clearance

### When Can I Return to Work?

(Cont. on page 4)
<table>
<thead>
<tr>
<th>NOT up-to-date vaccination status:</th>
</tr>
</thead>
<tbody>
<tr>
<td>• COVID RESPONSE TEAM INTERVIEW/CLEARANCE EMAIL IS REQUIRED BEFORE RETURNING TO WORK. Only employees/students required to work onsite immediately after return from travel, and who have not engaged in high-risk COVID activities during travel, will be permitted to return to work based on the outcome of their interview with the COVID Response Team</td>
</tr>
<tr>
<td>• Monitor symptoms for 14 days after return.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>NOT up-to-date vaccination status OR EXEMPT</th>
</tr>
</thead>
<tbody>
<tr>
<td>NOT Up to date or exempt employees and students returning to onsite work after &gt; 1 week will require a COVID test completed and resulted within 72 hrs. before their first shift back.</td>
</tr>
</tbody>
</table>
### Symptom/Exposure Review

3. Have you traveled outside of California, but within the United States?

   *SFDPH, CDPH and UCSF will follow COVID-related travel guidance from CDC [Domestic Travel During COVID-19](https://www.cdc.gov/coronavirus/2019-ncov/travel/index.html)*

   *UCSF travel guidance found here: [https://coronavirus.ucsf.edu/travel#bayarea](https://coronavirus.ucsf.edu/travel#bayarea)*

   *UCSF testing page: [https://coronavirus.ucsf.edu/testing#travel](https://coronavirus.ucsf.edu/testing#travel)*

<table>
<thead>
<tr>
<th>Can I Work Today?</th>
<th>Do I Need to Stay at Home?</th>
<th>When Can I Return to Work?</th>
</tr>
</thead>
</table>
| Possibly, see below for details. | • Stay at home if you have symptoms listed in #1, and call the COVID Hotline (415.514.7328) for testing and evaluation  
• Report to Daily Screener if you had an exposure during travel or any of the following:  
  1. Have had close contact with a confirmed COVID-19 Person for >60 minutes – this includes carpooling, intimate contact (e.g., dancing, kissing, sharing bed).  
  2. Cumulative time of >24 hours to a confirmed COVID-19 Person  
| The UCSF Daily Health Screener will provide instructions.  
• Testing is NOT required.  
  o Testing is optional if you are Asymptomatic and NOT within 90 days of recent COVID infection.  
• If you are up-to-date with your vaccination you do not need to quarantine, but you should monitor symptoms for 14 days after return.  
• If you are NOT up-to-date with your vaccination, you do not need to quarantine, but you should monitor symptoms for 14 days after return and continue with NPI testing schedule.  
   | General principles listed below.  
• If you returned from travel and develop symptoms of COVID-19 (listed in #1 above), complete the Daily Health Screener or call the COVID Hotline (415.514.7328) for testing further evaluation, and clearance  
• Self-monitor for symptoms for total of 14 days  
• Home Isolation instructions  
• Consult with your medical provider as needed or if symptom worsens |
### Symptom/Exposure Review

4. In the past 10 days, have you had unprotected, prolonged close contact (or Aerosol Generating Procedure (AGP) of any duration) with someone with confirmed/diagnosed COVID-19?

Unprotected includes:
- The exposed Individual not wearing an approved facemask or covering
- The exposed Individual wearing a mask but not wearing eye protection, if the person with COVID-19 was not wearing a cloth face covering or facemask
- The exposed individual not wearing all recommended PPE while performing aerosol-generating procedure for any time period of exposure

Recommendation – The exposed individual had an on-going exposure, not wearing all recommended PPE while an aerosol-generating procedure was in progress

Prolonged, close contact defined as within 6 feet for 15 mins or longer.

### Can I Work Today?

YES, if you complete the UCSF Daily Health Screener and attest to conditions for continuation/return to work.

If you develop symptoms, immediately cease patient care or other work activities, notify supervisor, go home, retake the daily screener

### AEROSOL-GENERATING PROCEDURE (AGP)

**Up to date Vaccinated person**
- CLEARANCE FROM THE UCSF Daily Health Screener IS REQUIRED:
  - Single, Brief Exposure: Return to work if asymptomatic and adhere to testing guidance.
  - On-Going/Prolonged Exposure: Return to work if asymptomatic with testing protocol (see High Risk Exposure Module in Daily Health Screener)

**NOT up-to-date Vaccinated person**
- CLEARANCE FROM THE COVID RESPONSE TEAM IS REQUIRED

(Cont. on page 7)

### Do I Need to Stay at Home?

Not usually. **Please use Daily Health Screener for guidance.**

### When Can I Return to Work?

CONDITIONS FOR CONTINUING OR RETURNING TO WORK ARE BASED ON COVID-19 EXPOSURE RISK ASSESSMENT. THE DAILY HEALTH SCREENER WILL PROVIDE CONTINUATION AND RETURN TO WORK GUIDANCE.

**Up-to-Date Vaccinated person** with **High Risk ongoing COVID-19 exposure** who are asymptomatic may return work if they have an initial negative COVID test, and attest to a daily testing protocol in the Daily Health Screener for the High-Risk ongoing Exposure types listed below:

**High Risk ongoing exposure types:**
- The COVID-infected person is a household member of yours
- You carpooled (masked or unmasked) with a COVID-infected person for > 60 minutes
- Your cumulative time of unmasked, close contact (< 6 ft) with a COVID-infected person(s) is > 24 hours
- You have had intimate contact with a COVID-infected person (e.g. kissing, dancing, sharing bed) of any duration
- You have had an aerosol-generation procedure (AGP) exposure to a COVID-infected person in the absence of full PPE (N-95 respirator + eye protection + gown/gloves)

**TESTING PROTOCOL**:
- Return to campus or onsite work as soon as the first test result is negative
- Test daily for 5 days following initial exposure when onsite
- They will repeat a single test between days 7-9.
- Symptom monitor for 14 days from initial exposure

**Up-to-Date Vaccinated person** with **Single COVID-19 High Risk Exposures** who are asymptomatic may return to work if they have an initial negative COVID test and attest to completing a second test at day 5-7 following initial exposure in the Daily Health Screener.

**TESTING PROTOCOL**:
- Return to campus or onsite work as soon as the first test result is negative
- Complete a second test at day 5-7 following initial exposure
- Symptom monitor for 14 days from initial exposure
NOT Up-to-date Vaccinated person are not cleared to work and must:
- Report their exposure through the daily screener or call THE COVID HOTLINE at 415-514-7328

Ongoing COVID-19 exposure in the household,
- For situations with ongoing COVID-19 exposure in the household, the COVID Response Team will determine the need for continued surveillance testing.

Acceptable Tests if outside UCSF
- Reverse-transcriptase PCR (RT-PCR) PCR
- Nucleic acid amplification (NAAT) excludes Abbott ID Now
- Transcription-mediated amplification (TMA)
- Loop-mediated amplification (LAMP) – i.e., UCSF Color test

SYMPTOM MONITORING
All persons must complete symptom monitoring for 14-days.
<table>
<thead>
<tr>
<th>Symptom/Exposure Review</th>
<th>Can I Work Today?</th>
<th>Do I Need to Stay at Home?</th>
<th>When Can I Return to Work?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Do you live with someone (Household member) who is waiting for COVID test results* due to COVID type symptoms?</td>
<td>Possibly, see below for details</td>
<td>Regardless of vaccination status, you may continue to work, and call Covid Response Team for final clearance.</td>
<td>If household member’s result returns <strong>NEGATIVE</strong> for COVID-19, you may return to work.</td>
</tr>
<tr>
<td>Up to date Vaccinated person Can return to work if asymptomatic</td>
<td></td>
<td></td>
<td>If household member’s result returns <strong>POSITIVE</strong> for COVID-19, Call the COVID Hotline (415.514.7328) for assessment and further instructions. See further details under #7 above.</td>
</tr>
<tr>
<td>NOT Up-to-date Vaccinated person, should Complete the Daily Health Screener for guidance</td>
<td></td>
<td></td>
<td><strong>If you are up-to-date</strong> (^8) with your vaccination and your household member <strong>DECLINES TESTING</strong>:</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Continue/return to work if asymptomatic</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Employee COVID testing on day 3-5 and day 7-9</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Symptom monitor for 14 days after initial exposure</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- COVID Response Team will facilitate testing for household member(s) if needed.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><strong>If you are up-to-date</strong> (^8) with your vaccination and your household member <strong>HAS A TEST PENDING</strong>:</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Continue/return to work if asymptomatic</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- If the test pending is not resulted within 5 days of symptoms onset, then Employee COVID test after day 5</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Symptom monitor until test results</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- COVID Response Team will facilitate testing for household members if needed.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><strong>If you are NOT up-to-date</strong> (^8) with your vaccination (^8) and your household member <strong>DECLINES TESTING</strong>: <strong>AFTER INTERVIEW BY THE COVID RESPONSE TEAM</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Continue/return to work if asymptomatic</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Employee COVID testing on day 3-5 and day 7-9, <em>then weekly with ongoing HH member exposure</em></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Symptom monitor for 14 days after last exposure</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><strong>If you are NOT up-to-date</strong> (^8) with your vaccination (^8) and your household member <strong>HAS A TEST PENDING</strong>: <strong>COVID RESPONSE TEAM INTERVIEW IS REQUIRED</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Continue/return to work if asymptomatic</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- COVID Response Team will facilitate testing for household members If the test pending is not resulted within 5 days of symptoms onset, then test after day 5.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Symptom monitor until test results</td>
</tr>
</tbody>
</table>

---

*If household member has COVID compatible symptoms and does not test for COVID, See the last column for guidance.

Direct questions about the process to the COVID-19 Hotline at 415-514-7328 or COVID Response Team at 415-476-8000
### Symptom/Exposure Review

**6. Have you been diagnosed with COVID-19 infection in the past 20 days?**

<table>
<thead>
<tr>
<th>Can I Work Today?</th>
<th>Do I Need to Stay at Home?</th>
<th>When Can I Return to Work?</th>
</tr>
</thead>
</table>
| **NO, YOU MAY NOT WORK UNTIL YOU RECEIVE AN EMAIL CLEARANCE LETTER FROM THE COVID RESPONSE TEAM.** | **YES, stay at home and inform your manager that you will not be going to work:**  
- To report your COVID illness or positive test...  
  - UCSF Employees: Complete Daily Health Screener or call COVID Hotline (415.514.7328) to report your COVID-positive illness and receive follow-up instructions.  
  - Students call SHCS at 415-476-8736  
  - BCH Oakland Enterprise Health at 510-428-3620  
- Self-monitor  
- Home Isolation instructions  
- Limit travel outside of the home  
- Consult with your medical provider as needed or if symptoms worsen  
If you are hospitalized, please have a family member call to report on your behalf. | **COVID RESPONSE TEAM CLEARANCE EMAIL LETTER IS REQUIRED BEFORE RETURNING TO WORK.**  
- **Asymptomatic or Mild-Moderate Illness**  
  - Return to work after **7 days** since positive test (if asymptomatic) or since first day of symptoms, if the following criteria are met:  
    - UCSF administered rapid antigen test is negative  
    - At least 24 hours have passed since last fever without the use of fever-reducing medications (e.g., acetaminophen, ibuprofen, aspirin); AND 48 hours have passed since last episode of diarrhea, AND  
    - Symptoms are improving, AND  
    - No concurrent immunocompromising conditions (see #3 below)  
  - Return to work after **10 days** with no testing if other criteria above are met  
- **Severe or Critical Illness**  
  - Return to work after **20 days** since first day of symptoms, if the following criteria are met:  
    - At least 24 hours have passed since last fever without the use of fever-reducing medications (e.g., acetaminophen, ibuprofen, aspirin); AND 48 hours have passed since last episode of diarrhea, AND  
    - Symptoms are improving  
- **Immunocompromising Conditions**  
  - Return to work clearance provided after 20 days since symptom onset, or as indicated by your primary health provider. Examples of immunocompromising conditions are listed below.  
  - If you have an immunocompromising condition or are being treated with biologics, please obtain written confirmation from a medical provider, and be prepared to share that with the COVID Response Team. |
1. Staff includes all employees, faculty, temporary workers, trainees, volunteers, students, and staff who provide services to or work in UCSF patient care or clinical areas.

2. UCSF High Risk Units or Areas
   1. Mission Bay: C3 ICN, C6 BMT, C6 Heme/Onc, and the Birth Center
   2. Parnassus: Units 11L and 12L
      - Employees/Providers with symptoms or high-risk exposures cannot work in designated High-Risk Areas.
      - Employees/Providers with duties across units/areas should arrange patient assignment/duties with their supervisor/attending physician to minimize direct contact with high-risk populations.
      - **High Risk Populations:** defined as immunocompromised patients (Solid organ transplant (SOT), SOT listed, SOT evaluation in process, primary immunodeficiency, and receiving immunosuppressants including chronic high-dose steroids, chemotherapy, biologics)


4. UCSF exposure definitions for testing & return to work decisions Click here. (Also accessible on page 12 of this document)

5. Coronavirus Symptom Self-Monitoring:
   - Manual monitoring form can be found [Here](https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notices.html#travel-1)


7a. **Mild Illness:** Individuals who have any of the various signs and symptoms of COVID 19 (e.g., fever, cough, sore throat, malaise, headache, muscle pain) without shortness of breath, dyspnea, or abnormal chest imaging. 
   - **Moderate:** Individuals who have evidence of lower respiratory disease by clinical assessment or imaging and a saturation of oxygen (SpO2) ≥94% on room air at sea level.

7b. **Severe Illness:** Anyone requiring hospitalization or supplemental O2. 

7c. **Critical Illness:** Individuals who have respiratory failure, septic shock, and/or multiple organ dysfunction.

7d. **Immunocompromising conditions** may include (adapted from CDC guidance):
   1. Receiving current chemotherapy for malignancy
   2. Having a hematologic malignancy that may be suppressing the immune system
   3. Untreated HIV infection and CD4 T lymphocyte count < 200
   4. Primary severe immunodeficiency disorder
   5. Solid organ or hematopoietic stem cell (bone marrow) transplant recipient
   6. Receipt of prednisone 20 mg/day or the equivalent for more than 14 days, or treatment with other high-risk immunosuppressive medications
   7. The determination of whether persons with these conditions should return to work at 10 vs. 20 days should be made by the person’s health care provider.

8. **Up-to-date vaccination status is defined as meeting criteria in A or B:**
   A) **COMPLETED** an initial FDA- or WHO-approved two-dose vaccination series > 5 months ago (or one-dose J&J > 2 months ago) and you have **RECEIVED** your booster.
   B) **COMPLETED** an initial FDA- or WHO-approved two-dose vaccination series < 5 months ago (or one-dose J&J < 2 months ago), and > 14 days since you completed your vaccination series (i.e., **NOT YET** booster eligible).
(4) UCSF EXPOSURE DEFINITIONS FOR TESTING & RETURN TO WORK DECISIONS

**Infectious Period:**

<table>
<thead>
<tr>
<th>COVID + Individual</th>
<th>Infectious Period Begins</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asymptomatic</td>
<td>48 hours before COVID positive test collection</td>
</tr>
<tr>
<td>Symptomatic</td>
<td>48 hours before date of symptom onset OR 48 hours before COVID positive test collection - whichever came first</td>
</tr>
</tbody>
</table>

**Exposure Risk Levels:**

<table>
<thead>
<tr>
<th>Exposure Risk Level</th>
<th>Direct Contact with a COVID+ individual during infectious period*</th>
<th>Length of time within 6 feet of COVID+ individual</th>
<th>PPE of COVID+ individual</th>
<th>PPE of employee</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Exposure</td>
<td>No</td>
<td>0-2 minutes of cumulative** contact at any proximity</td>
<td>Any or none</td>
<td>Any or none</td>
</tr>
<tr>
<td>Minimal Risk Exposure</td>
<td>Yes</td>
<td>3-14 minutes of cumulative** contact (please note: &gt;15 minutes at &gt;6 feet is also deemed minimal risk)</td>
<td>Any or none</td>
<td>Any or none</td>
</tr>
<tr>
<td>Low Risk Exposure</td>
<td>Yes</td>
<td>15 or more minutes of cumulative** contact</td>
<td>At least a face covering</td>
<td>At least a face covering</td>
</tr>
<tr>
<td>Medium Risk Exposure</td>
<td>Yes</td>
<td>15 or more minutes of cumulative** contact</td>
<td>None</td>
<td>At least a face covering</td>
</tr>
<tr>
<td>Medium Risk Exposure</td>
<td>Yes</td>
<td>15 or more minutes of cumulative** contact</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>High Risk Exposure: Non-Household Contact</td>
<td>Yes</td>
<td>15 or more minutes of cumulative** contact</td>
<td>At least a face covering</td>
<td>None</td>
</tr>
<tr>
<td>High Risk Exposure: Household Contact</td>
<td>Yes</td>
<td>15 or more minutes of cumulative** contact</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>High Risk Exposure: Aerosol Generating Procedure</td>
<td>Does not have to be direct contact, but more than 24 hours of time spent in the same household with person with confirmed COVID-19 during infectious period</td>
<td>Length of time is not relevant for household contacts - it is assumed to be ongoing given potential for droplet and surface exposures</td>
<td>Any or none</td>
<td>Any or none</td>
</tr>
</tbody>
</table>

**Note:**

**To determine cumulative contact time, add up the time during any periods that the employee and COVID+ individual were together during the infectious period. For example, if an employee is in a breakroom with a COVID+ individual two different days in a row, for 10 minutes each day, that would be 20 minutes of cumulative contact.**

Direct questions about the process to the COVID-19 Hotline at 415-514-7328 or COVID Response Team at 415-476-8000