

**NOVEL CORONAVIRUS (COVID-19)
UCSF CONTINUE TO WORK - RETURN TO WORK GUIDELINES FOR STAFF ⁽¹⁾
Effective March 1, 2022**

03/01/2022– Changes made

Update: Fully vaccinated vs. not fully vaccinated definition has changed. For detailed definition of **Up-to-Date** Vaccination status, see footnote on (pg. 12)

Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home? <i>Additional actions</i>	When Can I Return to Work? <i>Complete Symptom Resolution required for staff working on *High Risk Units²</i>
+Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
<p>1. In the past 10 days, have you had one or more of these symptoms, which is new or not explained by a pre-existing condition?</p> <ul style="list-style-type: none"> • Fever, chills, or shivering/shakes ($\geq 37.8^{\circ}\text{C} / 100^{\circ}\text{F}$) • Cough • Sore throat • Runny or congested nose (not related to allergies) • Difficulty breathing or shortness of breath • Unexplained muscle aches • Feeling unusually weak or fatigued • Loss of sense of smell or taste • Diarrhea (defined as ≥ 3 stools in 24 hrs.) • Eye redness +/- discharge (“pink eye,” not related to allergies) 	<p>No, stay at home</p> <ul style="list-style-type: none"> • Consult with your medical provider as needed or if symptom worsens • To be cleared by the Daily Health Screener, see far right column. 	<p>YES, stay at home</p> <ul style="list-style-type: none"> • Consult with your medical provider as needed or if symptom worsens • <u>Please use Daily Screener for guidance</u> 	<p>⁽⁹⁾ Return to Work Clearance after receiving a negative COVID-19 test can be done by <u>Retaking the Daily Health Screener and attesting to the specific conditions (see below)</u></p> <p>If COVID-negative AND symptom-free >24 hours: You are cleared to work onsite if you meet ALL the following criteria:</p> <ul style="list-style-type: none"> • Fever-free for 24 hours without use of a fever-reducing medication • Diarrhea-free for 48 hrs. (when not part of a pre-existing condition) • Symptoms have greatly improved, OR I work in a high-risk unit (Mission Bay: C3 ICN, C6BMT, C6 Heme/Onc, Birth Center and Parnassus 11 and 12 Long) and my symptoms ARE GONE. • You have communicated with your supervisor about your negative result and meeting criteria above <p>If COVID-negative AND lingering symptoms:</p> <ul style="list-style-type: none"> • You’ve consulted with your medical provider to consider additional treatment or alternative diagnoses • Take the Daily Health Screener for Return-to-Work Clearance (If you failed the screener when completing the RTW portion, Call the COVID Hotline (415-514-7328)) <p>If COVID-positive: Take the Daily Health Screener and report that you tested positive to COVID-19. You will receive instruction on testing and when you need to contact the COVID Hotline.</p> <p>*For Isolated Runny Nose, if you work on a High Risk Unit², a respiratory virus panel will be performed.</p> <ul style="list-style-type: none"> • If COVID-negative but positive for any other respiratory viruses: Do not return to High-Risk Unit for work until symptoms are resolved at ≥ 3 days since Runny Nose onset • If COVID-negative and negative for all other respiratory viruses: Return to work after ≥ 3 days since Runny Nose onset with symptom monitoring; if ANY symptoms arise, notify manager, go/stay home, and call the Hotline (415.514.7328) for further review

Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
<p>2. In the past 10 days, have you returned from travel outside the U.S.?</p> <p><i>SFDPH, CDPH and UCSF will follow COVID-related travel guidance from CDC International Travel During COVID-19</i></p> <p><i>All New Hires to UCSF, please refer to additional UCSF travel guidance found here: UCSF Travel Guidance</i></p> <p><i>More information about COVID-19 risk in different countries can be found at CDC and WHO websites.³</i></p>	<p>Possibly, see below for details.</p> <p>Before Returning to the U.S. The Centers for Disease Control and Prevention (CDC) requires all air passengers entering the United States (including U.S. citizens and legal permanent residents) to present one of the following:</p> <ul style="list-style-type: none"> • A negative COVID-19 test taken no more than 1 day before departure flight to the U.S.; or • Proof of COVID-19 infection within the last 90 days. <p>Up-to-date⁸ vaccination status:</p> <ul style="list-style-type: none"> • You can return to work after following the criteria below: • Pre travel test: No more than 1 day before departure flight to the US to comply with CDC/US government policy – Send COVID results to covidohsmz@ucsf.edu • 1st Post travel Test: within 24 hours of entering a UCSF facility; UCSF approved tests only – Send COVID results to covidohsmz@ucsf.edu • 2nd post travel Test: 3-5 days after 1st post travel test. UCSF approved tests only – Send COVID results to covidohsmz@ucsf.edu • Monitor symptoms for 14 days after return. <p>(Cont. on page 4)</p>	<p>Do I Need to Stay at Home?</p> <ul style="list-style-type: none"> • NO, if you are up-to-date⁸ with your vaccination you can work but must test for COVID-19 within 24 hours of entering UCSF Facility. • YES, if you are NOT up-to-date⁸ with your vaccination, stay at home until you have obtained COVID Response Team clearance to return to work. • Outside of work, follow post-travel (home) quarantine guidance. • Call the COVID Hotline (415.514.7328) for return-to-work clearance. • Self-monitor⁵ for 14 days, beginning on the first day back in the US. • Home Isolation instructions⁶ 	<p>When Can I Return to Work?</p> <p>The UCSF Daily Health Screener will provide instructions and testing options, including self-scheduling option.</p> <ul style="list-style-type: none"> • If you are up-to-date⁸ with your vaccination, you do not need to quarantine, but you should monitor symptoms for 14 days after return, and you should obtain a COVID-19 test through Color, within 24 hours of entering UCSF facility, and test again 3-5 days later. If you have immunocompromised medical conditions, consult with your doctor about the timing for return to work. • If Asymptomatic and within 90 days of recent COVID infection, you do not need to retest to return to work. • If you are NOT up-to-date⁸ with your vaccination: COVID Response Team Interview and CLEARANCE EMAIL IS REQUIRED BEFORE RETURNING TO WORK. General principles listed below. • If you returned from travel and develop COVID 19 Symptoms (listed in #1 above), complete the Daily Health Screener for testing instructions or call the COVID Hotline (415.514.7328) for testing and further evaluation • Self-monitor⁵ for symptoms for total of 14 days • Home Isolation instructions⁶ • Consult with your medical provider as needed or if symptom worsens • Call the COVID Hotline (415.514.7328) for return-to-work clearance

NOT up-to-date⁸ vaccination status:

- **COVID RESPONSE TEAM INTERVIEW/CLEARANCE EMAIL IS REQUIRED BEFORE RETURNING TO WORK.**
Only employees/students required to work onsite immediately after return from travel, and who have not engaged in high-risk COVID activities during travel, will be permitted to return to work based on the outcome of their interview with the COVID Response Team
- Monitor symptoms for 14 days after return.

NOT up-to-date⁸ vaccination status OR EXEMPT
Not fully vaccinated or exempt employees and students returning to onsite work after > 1 week will require a COVID test completed and resulted within 72 hrs. before their first shift back.

Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
<p>3. Have you traveled outside of California, but within the United States?</p> <p><i>SFDPH, CDPH and UCSF will follow COVID-related travel guidance from CDC Domestic Travel During COVID-19</i></p> <p><i>UCSF travel guidance found here: https://coronavirus.ucsf.edu/travel#bayarea</i></p> <p><i>UCSF testing page: https://coronavirus.ucsf.edu/testing#travel</i></p>	<p>Possibly, see below for details.</p> <p>Regardless of vaccination status⁸, you can return to work if you are asymptomatic and with no known exposure to COVID positive person</p>	<ul style="list-style-type: none"> • Stay at home if you have symptoms listed in #1, and call the COVID Hotline (415.514.7328) for testing and evaluation • Report to Daily Screener if you had an exposure during travel or any of the following: <ol style="list-style-type: none"> 1. Have had close contact with a confirmed COVID-19 Person for >60 minutes – this includes Carpooling, intimate contact (e.g., dancing, kissing, sharing bed). 2. Cumulative time of >24 hours to a confirmed COVID-19 Person 	<p>The UCSF Daily Health Screener will provide instructions.</p> <ul style="list-style-type: none"> • Testing is <u>NOT</u> required. <ul style="list-style-type: none"> ○ Testing is optional if you are Asymptomatic and NOT within 90 days of recent COVID infection. • If you are up-to-date⁸ with your vaccination you do not need to quarantine, but you should monitor symptoms for 14 days after return. • If you are NOT up-to-date⁸ with your vaccination, you do not need to quarantine, but you should monitor symptoms for 14 days after return and continue with NPI testing schedule. <p>General principles listed below.</p> <ul style="list-style-type: none"> • If you returned from travel and develop symptoms of COVID-19 (listed in #1 above), complete the Daily Health Screener or call the COVID Hotline (415.514.7328) for testing further evaluation, and clearance • Self-monitor⁵ for symptoms for total of 14 days • Home Isolation instructions⁶ • Consult with your medical provider as needed or if symptom worsens

Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
<p>4. In the past 10 days, have you had unprotected, prolonged close contact⁴ (or Aerosol Generating Procedure (AGP) of any duration) with someone with confirmed/diagnosed COVID-19?</p> <p>Unprotected⁴ includes:</p> <ul style="list-style-type: none"> • The exposed Individual not wearing an approved facemask or covering • The exposed Individual wearing a mask but not wearing eye protection, if the person with COVID-19 was not wearing a cloth face covering or facemask • The exposed individual not wearing all recommended PPE while performing aerosol-generating procedure for any time- period of exposure <p>Recommendation – The exposed individual had an on-going exposure, not wearing all recommended PPE while an aerosol-generating procedure was in progress</p> <p>Prolonged, close contact defined as within 6 feet for 15 mins or longer.</p>	<p>YES, if you complete the UCSF Daily Health Screener and attest to conditions for continuation/return to work.</p> <p>If you develop symptoms, immediately cease patient care or other work activities, notify supervisor, go home, retake the daily screener</p> <p><u>AEROSOL-GENERATING PROCEDURE (AGP)</u></p> <p>Vaccinated Individual ⁽⁹⁾ CLEARANCE FROM THE UCSF Daily Health Screener IS REQUIRED:</p> <ul style="list-style-type: none"> • Single, Brief Exposure: Return to work if asymptomatic and adhere to testing guidance. • On-Going/Prolonged Exposure: Return to work if asymptomatic with testing protocol (see High Risk Exposure Module in Daily Health Screener) <p>Unvaccinated Individual ⁽⁹⁾ AGP exposure</p> <ul style="list-style-type: none"> • CLEARANCE FROM THE COVID RESPONSE TEAM IS REQUIRED 	<p>Not usually. <u>Please use Daily Health Screener for guidance.</u></p>	<p>CONDITIONS FOR CONTINUING OR RETURNING TO WORK ARE BASED ON COVID-19 EXPOSURE RISK ASSESSMENT. THE DAILY HEALTH SCREENER WILL PROVIDE CONTINUATION AND RETURN TO WORK GUIDANCE.</p> <p>VACCINATED ⁽⁹⁾ with Quarantinable COVID-19 High Risk Exposures (regardless of booster status) may continue to work under CDPH critical staffing conditions if they are asymptomatic, without immunocompromised^{7c} conditions and attest to a daily testing protocol in the <u>Daily Health Screener</u> for the “quarantinable” High Risk Exposure types listed below:</p> <p>Quarantinable High Risk exposure types:</p> <ul style="list-style-type: none"> • Employee lives with a confirmed COVID-19 Person - household member • Have had close contact with a confirmed COVID-19 Person for >60 minutes – this includes Carpooling, intimate contact (e.g., dancing, kissing, sharing bed). • Cumulative time of >24 hours to a confirmed COVID-19 Person • On-going AGP exposures <p><u>TESTING PROTOCOL:</u></p> <ul style="list-style-type: none"> • Persons with “quarantinable” high-risk exposures will test daily for 5 days following initial exposure while onsite for work and repeat a single test between days 7-9. <p>VACCINATED INDIVIDUAL ⁽⁹⁾ with “Non-quarantinable” COVID-19 High Risk Exposures (regardless of booster status), who are asymptomatic and without immunocompromised^{7c} conditions may continue to work but will need to follow the testing protocol below and complete an attestation in the <u>Daily Health Screener</u>.</p> <p><u>TESTING PROTOCOL:</u></p> <ul style="list-style-type: none"> • Persons with “non-quarantinable” high-risk exposures must complete COVID testing on Day 3-5 and Day 7-9 after initial exposure. <p>(Cont. on pg. 7)</p>

UNVACCINATED INDIVIDUAL must stay home, complete interview and obtain **CLEARANCE BEFORE RETURNING TO WORK BY CALLING THE COVID HOTLINE 415-514-7328**

- For situations with ongoing COVID-19 exposure in the household, the COVID Response Team will determine the need for continued surveillance testing.

Acceptable Tests if outside UCSF

- Reverse-transcriptase PCR (RT-PCR) PCR
- Nucleic acid amplification (NAAT) excludes Abbott ID Now
- Transcription-mediated amplification (TMA)
- Loop-mediated amplification (LAMP) – i.e., UCSF Color test

SYMPTOM MONITORING

- All persons must complete symptom monitoring for 14-days.

Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
<p>5. Do you live with someone (Household member) who is waiting for COVID test results* due to COVID type symptoms?</p> <p><i>*If household member has COVID compatible symptoms and does not test for COVID, See the last column for guidance</i></p>	<ul style="list-style-type: none"> • YES, YOU CAN CONTINUE/RETURN TO WORK IF ASYMPTOMATIC. • Call the COVID Hotline (415.514.7328) 	<p>Regardless of vaccination status, you may continue to work, and call Covid Response Team for final clearance.</p>	<p>If household member's result returns NEGATIVE for COVID-19, you may return to work.</p> <p>If household member's result returns POSITIVE for COVID-19, Call the COVID Hotline (415.514.7328) for assessment and further instructions. See further details under #7 above.</p> <p>If you are up-to-date⁸ with your vaccination and your household member <u>DECLINES TESTING</u>:</p> <ul style="list-style-type: none"> • Continue/return to work if asymptomatic • Employee COVID testing on day 3-5 and day 7-9 • Symptom monitor for 14 days after initial exposure • COVID Response Team will facilitate testing for household member(s) if needed. <p>If you are up-to-date⁸ with your vaccination and your household member <u>HAS A TEST PENDING</u>:</p> <ul style="list-style-type: none"> • Continue/return to work if asymptomatic • If the test pending is not resulted within 5 days of symptoms onset, then Employee COVID test after day 5 • Symptom monitor until test results • COVID Response Team will facilitate testing for household members if needed. <p>If you are NOT up-to-date⁸ with your vaccination ⁸ and your household member <u>DECLINES TESTING</u>: AFTER INTERVIEW BY THE COVID RESPONSE TEAM</p> <ul style="list-style-type: none"> • Continue/return to work if asymptomatic • Employee COVID testing on day 3-5 and day 7-9, <i>then weekly with ongoing HH member exposure</i> • Symptom monitor for 14 days after last exposure <p>If you are NOT up-to-date⁸ with your vaccination and your household member <u>HAS A TEST PENDING</u>:</p> <ul style="list-style-type: none"> • Continue/return to work if asymptomatic • COVID Response Team will facilitate testing for household members If the test pending is not resulted within 5 days of symptoms onset, then test after day 5. • Symptom monitor until test results

Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
<p>6. Have you been diagnosed with COVID-19 infection in the past 20 days?</p> <p>**IN LIGHT OF CURRENT OMICRON SURGE AND CRITICAL STAFFING, California Department of Public Health has issued new guidance to help address critical staffing in health care facilities.</p>	<p>[Critical staffing effective Jan 17, 2022]</p> <p>NO, YOU MAY NOT RETURN TO WORK UNTIL YOU RECEIVE CLEARANCE FROM THE COVID RESPONSE TEAM.</p> <p>To report your COVID 19 infection, please complete the Daily Health Screener, and the CONTACT TRACING SURVEY.</p> <ul style="list-style-type: none"> The COVID Response team will determine if you are eligible for shortened isolation period 	<p>[Critical staffing effective Jan 17, 2022]</p> <p>YES, stay at home and inform your manager that you will not be going to work:</p> <ul style="list-style-type: none"> Complete the Daily Health Screener to report your COVID positive illness (within 24-hours) and receive follow up instructions. <ul style="list-style-type: none"> UCSF Employees: Call COVID Hotline (415.514.7328) if you have remaining questions after completing Daily Screener. Students, please send a secure message to the student health nurse BCH Oakland Enterprise Health at 510-428-3620 Self-monitor⁵ Home Isolation instructions⁶ Limit travel outside of the home Consult with your medical provider as needed or if symptoms worsen 	<p>[Critical staffing effective Jan 17, 2022]</p> <p>COVID RESPONSE TEAM CLEARANCE EMAIL IS REQUIRED BEFORE RETURNING TO WORK.</p> <p>Shortened Isolation Period ⁽¹⁰⁾: individuals who have completed their booster vaccination > 14 days prior or completed their initial vaccination series < 5 months prior, may return to work on day 6 if they have a negative UCSF-administered rapid antigen test performed on day 5 or later (day 0 = first day of symptoms, or positive test if asymptomatic). Additional criteria for returning to work following short isolation period include:</p> <ul style="list-style-type: none"> At least 24 hours have passed since last fever without the use of fever-reducing medications (e.g., acetaminophen, ibuprofen, aspirin); AND 48 hours have passed since last episode of diarrhea, AND Symptoms are improving, AND No concurrent immunocompromising conditions (see #3 below) <p>Onsite Requirements for individuals returning to worksite or campus during days 6-10 following COVID-19 infection include mandatory N95 masking at all times; no removal of respirator/mask with other individuals in the same room; no PAPP; and physical distancing > 6 feet from patients and staff as much as is feasible for delivering patient care.</p> <p>Immunocompromising Conditions ^{7c}</p> <ul style="list-style-type: none"> Return to work clearance provided after 20 days since symptom onset, or as indicated by your primary health provider. Examples of immunocompromising conditions are listed below^{7c}. If you have an immunocompromising condition or are being treated with biologics, please obtain written confirmation from a medical provider, and be prepared to share that with the COVID Response Team. <p>Individuals who do not qualify for shortened isolation period will follow clearance instructions under standard guidance below.</p>

	<p>[Standard guidance] NO, YOU MAY NOT WORK UNTIL YOU RECEIVE CLEARANCE FROM THE COVID RESPONSE TEAM.</p> <p>Call the COVID Hotline immediately at (415-514-7328) to report your COVID Positive Test Results or do this by completing the Daily Health Screener. Please do within 24-hour of receiving your test result.</p> <p>If you are hospitalized, please have a family member call to report on your behalf.</p>	<p>[Standard guidance] YES, stay at home and inform your manager that you will not be going to work:</p> <ul style="list-style-type: none"> • Call the COVID Hotline (415-514-7328) to report your COVID positive illness (within 24-hours) and receive follow up instructions. <ul style="list-style-type: none"> ○ UCSF Employees: Call COVID Hotline (415.514.7328) to report your COVID-positive illness and receive follow-up instructions. ○ Students call SHCS at 415-476-8736 ○ BCH Oakland Enterprise Health at 510-428-3620 • Self-monitor⁵ • Home Isolation instructions⁶ • Limit travel outside of the home • Consult with your medical provider as needed or if symptoms worsen 	<p>[Standard guidance] COVID RESPONSE TEAM CLEARANCE EMAIL IS REQUIRED BEFORE RETURNING TO WORK.</p> <p>Except for rare situations, repeat COVID-19 testing prior to Return to Work is NOT recommended by CDC & SFDPH.</p> <ul style="list-style-type: none"> • Asymptomatic or Mild-Moderate Illness^{7a} • Return to work after 10 days since positive test (if asymptomatic) or since first day of symptoms, if the following criteria are met: ⁽¹⁰⁾ <ul style="list-style-type: none"> ○ At least 24 hours have passed since last fever without the use of fever-reducing medications (e.g., acetaminophen, ibuprofen, aspirin); AND 48 hours have passed since last episode of diarrhea, AND ○ (Symptoms are improving, AND ○ No concurrent immunocompromising conditions (see #3 below) • Severe or Critical Illness^{7b} • Return to work after 20 days since first day of symptoms, if the following criteria are met: <ul style="list-style-type: none"> ○ At least 24 hours have passed since last fever without the use of fever-reducing medications (e.g., acetaminophen, ibuprofen, aspirin); AND 48 hours have passed since last episode of diarrhea, AND ○ Symptoms are improving • Immunocompromising Conditions ^{7c} • Return to work clearance provided after 20 days since symptom onset, or as indicated by your primary health provider. Examples of immunocompromising conditions are listed below^{7c}. • If you have an immunocompromising condition or are being treated with biologics, please obtain written confirmation from a medical provider, and be prepared to share that with the COVID Response Team.
--	--	--	---

⁽¹⁾ Staff includes all employees, faculty, temporary workers, trainees, volunteers, students, and staff who provide services to or work in UCSF patient care or clinical areas.

⁽²⁾ UCSF High Risk Units or Areas

1. **Mission Bay: C3 ICN, C6 BMT, C6 Heme/Onc, and the Birth Center**
2. **Parnassus: Units 11L and 12L**

- Employees/Providers with symptoms or high-risk exposures cannot work in designated High-Risk Areas.
- Employees/Providers with duties across units/areas should arrange patient assignment/duties with their supervisor/attending physician to minimize direct contact with high-risk populations.
- **High Risk Populations:** defined as immunocompromised patients (*Solid organ transplant (SOT), SOT listed, SOT evaluation in process, primary immunodeficiency, and receiving immunosuppressants including chronic high-dose steroids, chemotherapy, biologics*)

⁽³⁾ CDC Travel Advisories Listed Here: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notice.html#travel-1>

WHO Weekly Epidemiological Update: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports>

⁽⁴⁾ UCSF exposure definitions for testing & return to work decisions [Click here](#) (Also accessible on page 10 of this document)

⁽⁵⁾ **Coronavirus Symptom Self-Monitoring:**

- Manual monitoring form can be found [Here](#)

⁽⁶⁾ **Home Isolation Instructions** from CDC found [Here](#)

^(7a) **Mild Illness:** Individuals who have any of the various signs and symptoms of COVID 19 (e.g., fever, cough, sore throat, malaise, headache, muscle pain) without shortness of breath, dyspnea, or abnormal chest imaging. **Moderate:** Individuals who have evidence of lower respiratory disease by clinical assessment or imaging and a saturation of oxygen (SpO₂) ≥94% on room air at sea level.

^(7b) **Severe Illness:** Anyone requiring hospitalization or supplemental O₂. **Critical Illness:** Individuals who have respiratory failure, septic shock, and/or multiple organ dysfunction.

^(7c) **Immunocompromising conditions** may include (adapted from CDC guidance):

1. Receiving current chemotherapy for malignancy
2. Having a hematologic malignancy that may be suppressing the immune system
3. Untreated HIV infection and CD4 T lymphocyte count < 200
4. Primary severe immunodeficiency disorder
5. Solid organ or hematopoietic stem cell (bone marrow) transplant recipient
6. Receipt of prednisone 20 mg/day or the equivalent for more than 14 days, or treatment with other high-risk immunosuppressive medications
7. The determination of whether persons with these conditions should return to work at 10 vs. 20 days should be made by the person's health care provider.

⁽⁸⁾ **Up-to-date vaccination status is defined as meeting criteria in A or B:**

A) **COMPLETED** an initial FDA- or WHO-approved two-dose vaccination series > 5 months ago (or one-dose J&J > 2 months ago) and you have **RECEIVED** your booster.

1. Booster eligible persons with a recent confirmed COVID-19 infection may defer booster up to 31 days from beginning of infection but must still adhere to non-pharmaceutical intervention requirements for "NOT Up-to-date Vaccination Status" until they receive their booster.

B) **COMPLETED** an initial FDA- or WHO-approved two-dose vaccination series < 5 months ago (or one-dose J&J < 2 months ago), and > 14 days since you completed your vaccination series (i.e., **NOT YET** booster eligible).

⁽⁹⁾ **Vaccinated individuals** defined as > 2 weeks since 2nd dose in 2-dose series (or 1st dose if single dose vaccine). If not, you are considered unvaccinated

⁽¹⁰⁾ [Infographic, COVID Automated Return to Work](#)

(4) UCSF EXPOSURE DEFINITIONS FOR TESTING & RETURN TO WORK DECISIONS

Infectious Period:

COVID + Individual	Infectious Period Begins
Asymptomatic	48 hours before COVID positive test collection
Symptomatic	48 hours before date of symptom onset OR 48 hours before COVID positive test collection- whichever came first

Exposure Risk Level	Direct Contact with a COVID + individual during infectious period*	Length of time within 6 feet of COVID + individual	PPE of COVID + individual	PPE of employee
No Exposure	No	0-2 minutes of cumulative** contact at any proximity	Any or none	Any or none
Minimal Risk Exposure	Yes	3-14 minutes of cumulative** contact (please note: >15 minutes at >6 feet is also deemed minimal risk)	Any or none	Any or none
Low Risk Exposure	Yes	15 or more minutes of cumulative** contact	At least a face covering	At least a face covering
Medium Risk Exposure	Yes	15 or more minutes of cumulative** contact	None	At least a face covering
Medium Risk Exposure	Yes	15 or more minutes of cumulative** contact	At least a face covering	None
High Risk Exposure: Non-Household Contact	Yes	15 or more minutes of cumulative** contact	None	None
High Risk Exposure: Household Contact	Does not have to be direct contact, but more than 24 hours of time spent in the same household with person with confirmed COVID-19 during infectious period	Length of time is not relevant for household contacts- it is assumed to be ongoing given potential for droplet and surface exposures	Any or none	Any or none
High Risk Exposure: Aerosol Generating Procedure	Yes	Any length of time during the AGP or within 1 hour afterwards in non-OR setting at any proximity within the room/general vicinity. Depending on air turnover, OR suites are either 15- or 30-minute conversions- HEIP can provide info to make this determination.	Any or none	Anything less than eye protection + N95 or PAPR





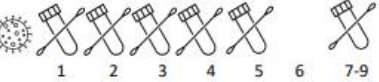

**To determine cumulative contact time, add up the time during any periods that the employee and COVID+ individual were together during the infectious period. For example, if an employee is in a breakroom with a COVID+ individual two different days in a row, for 10 minutes each day, that would be 20 minutes of cumulative contact.



The Daily Health Screener is Your Guide

Automated Return-to-Campus or Worksite (RTCW) Clearance During Surge

COVID Negative

Population	RTCW Requirements	Testing Requirements ¹	Masking Requirements	Clearance
 Symptoms, but COVID-negative ^{2A}	Symptoms are completely gone or improving enough to resume work activities with a negative COVID test	 Single Test at any time Color or PCR	Yes  N95 NIOSH Recommended	OHS Clearance Email through screener when meeting RTCW criteria NO NEED TO CONTACT COVID HOTLINE
 Highest Risk Exposures ^{2B}	Asymptomatic with daily COVID testing protocol	 Daily Testing (when onsite) first 5 days after exposure Repeat single test at 7-9 days after exposure with Color or PCR test	Yes  N95 NIOSH Required	OHS Clearance Email through screener when meeting RTCW criteria NO NEED TO CONTACT COVID HOTLINE

¹ Only UCSF-approved tests are required. Information is in the Daily Health Screener

^{2A} For example, non-COVID-related runny nose, sore throat, cough, etc.





^{2B} **Highest Risk Exposures** | High-risk exposures that are eligible for continuation of on-site work without quarantine include exposures to COVID-positive household members, to members of carpools, and to aerosol-generating procedures. **For reduced quarantine**, individuals must have completed initial series of COVID vaccination and not have immunocompromised conditions. **Effective 2/1** the requirement changes to initial series + booster (if eligible).



The Daily Health Screener is Your Guide

Automated Return-to-Campus or Worksite (RTCW) Clearance During Surge

COVID Positive

Population	RTCW Requirements	Testing Requirements ¹	Masking Requirements	Clearance
 <p>Recovered COVID Positive ^{2C} Reduced isolation (5-9 days)</p>	<p>Symptoms are gone or improving ³</p> <p>Negative rapid antigen test performed by UCSF Staff IF entry < 10 days</p>	 <p>1 2 3 4 5 ← → 9</p> <p>Rapid Antigen test at UCSF performed day 5 – 9</p>	<p>Yes</p>  <p>N95 NIOSH Required No PAPR</p>	<p>OHS Clearance required:</p> <p>Complete screener, contact tracing survey and negative Rapid Antigen test to receive OHS email clearance for early RTCW</p>
 <p>Recovered COVID Positive ^{2C} Standard 10 day isolation</p>	<p>Symptoms are gone or improving ³</p> <p>10 day isolation</p>	<p>Testing not required after 10 days</p>	<p>Follow masking guidelines⁴</p>	<p>OHS clearance required:</p> <p>Complete screener and contact tracing survey, and receive OHS email clearance</p>

¹ Only UCSF-approved tests are required. Information is in the Daily Health Screener

^{2C} COVID positive persons | For reduced isolation, individuals must have received a booster (or are not yet booster eligible), and must not have immunocompromised conditions

³ Fever-free >24 hours without fever-reducing medications; diarrhea-free >48 hours if not related to pre-existing conditions; feeling ready to RTW; if high-risk unit, no sneezing/coughing

⁴ Masking Guidelines: Direct patient care and clinical research: N95s are strongly recommended. Novel Respiratory and airborne isolation: Fit-tested N95 required. Everyone else can use N95 if desired.